

PEDICURE UPGRADE

Cost: \$550 / Location: Eastern Esthetics
3 Days (9 am – 4:30 pm) *Kit included.
Instructor: Jo-Anne Rector

Day 1

9:00 – 10:30 am	Theory
10:30 – 10:45	Break
10:45 – 12 noon	Theory
12:00 – 12:30 pm	Lunch
12:30 – 1:00	Setup
1:00 – 2:30	Practical
2:30 – 2:45	Break
2:45 – 4:30	Practical

Day 2

9:00 – 10:30 am	Theory
10:30 – 10:45	Break
10:45 – 12 noon	Theory
12:00 – 12:30 pm	Lunch
12:30 – 1:00	Setup
1:00 – 2:30	Practical
2:30 - 2:45	Break
2:45 – 4:30	Practical

Day 3

9:00 – 10:30 am	Model
10:45 – 11:00	Break
11:00 – 12 noon	Theory
12:00 – 12:30 pm	Lunch
12:30 – 1:00	Setup
1:00 – 2:30	Model
2:30 – 3:00	Clean up
3:00 – 3:15	Break
3:15 – 4:30	Q&A/Discussion

This intensive 3-day pedicure course offers a perfect blend of theory and hands-on training to set participants up for success as a professional pedicurist. Gain practical experience in pedicure procedures, precise polish application, French polish techniques, and luxurious foot and leg massages. Participants will also learn essential spa and salon sanitation and disinfection protocols, ensuring the highest standards of safety and hygiene. Elevate your skills and start your journey toward a rewarding career in the beauty industry!