

COSMETOLOGY INDUSTRY PANDEMIC GUIDELINES

Subject to change when further Government rules and regulations are released.

In effect as of December 22, 2021

These Guidelines will help Members be prepared to offer services to the public during a pandemic crisis (in particular with the COVID-19 Corona Virus). It will be up to all independent businesses, individual business owners, salons, spas, and cosmetologists to make informed decisions using these Guidelines and to implement the best practices for your businesses, your clients, and your staff.

There are many different business situations in this Industry. Some salons are small, with only one proprietor; some have a small number of employees, and some are larger with multiple employees. ***Please read these Guidelines in their entirety in order to decide which situation best fits your personal and business circumstances.***

Not all the Guidelines will apply to your individual situation. It will be up to individual business owners to decide what to implement in individual salons.

Your safety, the safety of your clients and your staff comes first and foremost when deciding on any new protocols. What protocols or requirements will ensure the safety of everyone in the salon? The Corona Virus will be an ongoing concern for all citizens for the foreseeable future.

The Cosmetology Association of Nova Scotia is establishing these requirements separate and apart from any requirements that the Province of Nova Scotia might impose now, or in the future.

Salons and spas have the right – and are encouraged – to implement a vaccine policy as of October 4, 2021. Vaccination policy templates for clients and for employees of salons and/or spas are available on the Association's website at <https://www.nscosmetology.ca/news-flash/templates-signage>.

The Association will be adding to and updating this document as new information becomes available from the Government.

Revised December 21, 2021
Revised December 13, 2021
Revised October 4, 2021
Revised June 14, 2021

Revised May 28, 2021
Revised April 21, 2021
Revised December 16, 2020
Revised November 24, 2020

Revised July 3, 2020
Revised June 3, 2020
Original Policy: May 29, 2020

NOTE:

Please do what you can to keep yourself, your team and the public safe by following these Guidelines. **Do not become lax. You must also continue to follow all recommendations and guidelines as implemented by Public Health and the Nova Scotia Government with respect to this and any other Pandemic outbreak.**

All Members should be following the links provided herein for updates from the Government and must also consider any recommendations or orders provided by the Nova Scotia Chief Medical Officer of Health.

Please visit <https://novascotia.ca/coronavirus> and <https://novascotia.ca/coronavirus/working-during-covid-19/> for more information.

Updated Public *Health Protection Act* Order:

<https://novascotia.ca/coronavirus/docs/health-protection-act-order-by-the-medical-officer-of-health.pdf>

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PUBLIC INFORMATION

For our valued clients:

Salons and spas are busy and under strict protocols to ensure the best safe practices for all clients and salons and spas during a pandemic. As of October 4, 2021, at 12:01 a.m., there will be no limit to the number of clients allowed in a personal services establishment.

Gathering limits:

https://novascotia.ca/coronavirus/restrictions-and-guidance/?fbclid=IwAR2wQyQv_axgn8uZzuzV_eq6MQjtex3AIWEvMiumk4ieHeuNiiAQ52LnpqA#gatherings

Should you be visiting a salon or individual cosmetologist, whether it be in a salon or private residence, **please follow** the Guidelines below and monitor the following sites for ongoing updates:

<https://www.nscosmetology.ca>

<https://www.facebook.com/cosmetologyns>

<https://novascotia.ca/coronavirus>

<https://novascotia.ca/coronavirus/staying-healthy/#hands-clean>

<https://novascotia.ca/coronavirus/occupational-health-and-safety/#hazards>

- Individual licence and salon permits must always be available to the public for viewing. If you do not see a permit for the salon and/or a valid licence for your cosmetologist (hairdressers, estheticians, nail technicians, make-up artists, eyelash or full body hair removal specialists), **ASK** to see them. Do not assume a salon or cosmetologist is compliant and following protocol. Do not put yourself at risk!
- All licenses and permits expire on December 31st each year (expiry date is marked on each licence and/or permit). You will be asked if you are feeling well when booking your appointment and should be screened for symptoms and possible exposure.
- Upon arrival at a salon, you will be asked if you are feeling well. If you are not feeling well, you must return home and complete 811's online assessment.

<https://811.novascotia.ca/>

- Do not attend for your appointment if you are feeling unwell or have symptoms of COVID-19. Proceed with completing the 811 online self-assessment for symptoms of COVID-19. Your cosmetologist will do the same.

<https://novascotia.ca/coronavirus/when-to-seek-help>

Symptoms of COVID-19 can include:

- fever (chills, sweats)
- cough or worsening of a previous cough
- sore throat
- headache
- shortness of breath
- muscle aches
- sneezing
- nasal congestion or runny nose
- hoarse voice
- diarrhea
- unusual fatigue
- loss of sense of smell or taste
- red, purple, or blueish lesions on the feet, toes, or fingers without clear cause

The severity of COVID-19 symptoms can range from mild to severe, and in some cases, can lead to death. Current information suggests most people don't experience severe illness or need to be hospitalized.

Update:

Effective as of December 17, 2021, social distancing is again a requirement in all salons and spas in Nova Scotia. Masks do not replace social distancing requirements.

There is no limit to the number of clients allowed in a personal service establishment at this time. However, salons and spas must operate only at the maximum capacity possible with physical distancing.

High risk services are again not permitted (i.e.: any service where a non-medical face mask cannot be worn such as facials, facial hair removal by waxing (lip, chin, etc.), make-up, beard/mustache services, microdermabrasion, extractions, microneedling, dermaplaning, chemical peels, enzymes, and manual scrubs).

Other services can be performed (such as lash extensions and lash and brow services) so long as a non-medical face mask is not removed from the face and the service provider is fitted with a bottom sealing face shield or other face shield together with a non-medical face mask for added protection to help prevent any body fluids (from the nose or mouth) from dropping onto a client's face. Face shields must be cleaned with soap and water and disinfected (following SDS/MSDS guidelines for disinfecting) in between every client.

http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_EyeFacialProtectionDisinfection.pdf

- Use appropriate etiquette (i.e.: coughing or sneezing into the bend of the elbow or into a tissue and immediately discard into a covered waste basket) and follow up with hand sanitizer.
- Arrive on time for your scheduled appointment in order to avoid arriving at the same time as other scheduled clients and to avoid cancellation. Your cosmetologist will be on a very tight schedule to allow for infection control protocols.
- In the fifth phase of re-opening, clients must continue to wear a non-medical face mask while visiting a salon or spa, except when receiving a service to the facial area for the allotted time.
- All clients should be screened for COVID-19 (each time they visit a salon or spa).

<https://novascotia.ca/coronavirus/when-to-seek-help/#symptoms>

- A client may remove their mask only for the allotted time of a face service, and only if the service provider feels it is safe for them to do so while providing the service. Any individual who cannot wear a face mask due to medical (or other significant) reason, must discuss this with their service provider, who will make an informed decision on what is best for the client and the business, following all other recommended guidelines and protocols issued by Public Health.
- There are many different types of masks. Please visit this link for the appropriate use of non-medical masks for face coverings.

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

- *Please note:* face shields do not replace masks. Non-medical face masks must be worn. Plastic masks are not approved for use by cosmetologists or clients.
- If asked, wait in your car until it is time for your appointment. Your cosmetologist will be waiting to explain the appointment process to you upon entering the salon.

- Everyone must wash their hands immediately upon entering the salon with soap and water, following all hand washing protocols or use a hand sanitizer. Your cosmetologist will as well prior to your service.

<https://novascotia.ca/coronavirus/staying-healthy/#hands-clean>

- Make sure all areas you visit in the salon are clean and have best practices in place for your safety.
- Follow all salon directions and notices when visiting the salon.
- Avoid hugs, handshakes, etc.
- Avoid paying with cash by using debit or credit if possible.

Avoid touching retail displays; your service provider can help you.

Finally, read through the rules pertaining to COVID-19 as provided herein for all salons and spas, as well as the Cosmetology Association of Nova Scotia's directives regarding salons and spas which can be found on our website at:

https://www.nscosmetology.ca/images/Salon_Compliance_Handbook.pdf

SALONS/SPAS & SCHOOL SPACE

Update:

Effective as of December 17, 2021, social distancing is again a requirement in all salons and spas in Nova Scotia. Masks do not replace social distancing requirements.

There is no limit to the number of clients allowed in a personal service establishment at this time. However, salons and spas must operate only at the maximum capacity possible with physical distancing.

High risk services are again not permitted (i.e.: any service where a non-medical face mask cannot be worn such as facials, facial hair removal by waxing (lip, chin, etc.), make-up, beard/mustache services, microdermabrasion, extractions, microneedling, dermaplaning, chemical peels, enzymes, and manual scrubs).

Other services can be performed (such as lash extensions and lash and brow services) so long as a non-medical face mask is not removed from the face and the service provider is fitted with a bottom sealing face shield or other face shield together with a non-medical face mask for added protection to help prevent any body fluids (from the nose or mouth) from dropping onto a client's face. Face shields must be cleaned with soap and water and disinfected (following SDS/MSDS guidelines for disinfecting) in between every client.

The following Guidelines include all in-home salons, room, and chair renters.

- There will be no limit to the number of clients allowed in a personal service establishment.

Gathering limits:

https://novascotia.ca/coronavirus/restrictions-and-guidance/?fbclid=IwAR2wQyQv_axgn8uZzuzV_eq6MQjtex3AIWEvMiumk4ieHeuNiiAQ52LnpqA#gatherings

- A client registry (name, phone number, date and time of visit) and a staff registry (name, date, time of shift worked) should be kept to assist with facilitating any necessary contact tracing by Public Health. A record of a client's appointment in the salon's booking system and employee work schedule is sufficient.
- Clients should be screened for COVID-19 each time they visit a salon or spa, especially prior to the removal of a mask for service.

<https://novascotia.ca/coronavirus/when-to-seek-help/#symptoms>

- Any individual who cannot wear a face mask due to medical (or other significant) reason, must discuss this with their service provider (or employer/instructor as the case may be), who will make an informed decision on what is best for the client and the business, following all other recommended Guidelines and protocols issued by Public Health.
- Ask clients when they are booking if they are well and advise clients when booking appointments that they cannot attend if they are feeling unwell the day of the appointment.
- All employees must note if they are feeling unwell and advise their employer.

Do not attend work if you have symptoms of COVID-19. Complete the 811 online self-assessment for symptoms of COVID-19, available at: <https://811.novascotia.ca>

Symptoms of COVID-19 can include:

- fever (chills, sweats)
- cough or worsening of a previous cough
- sore throat
- headache
- shortness of breath
- muscle aches
- sneezing
- nasal congestion or runny nose
- hoarse voice
- diarrhea
- unusual fatigue
- loss of sense of smell or taste
- red, purple, or blueish lesions on the feet, toes or fingers without clear cause

The severity of COVID-19 symptoms can range from mild to severe, and in some cases, can lead to death. Current information suggests most people don't experience severe illness or need to be hospitalized.

- It is not necessary to follow up with clients unless you would like to ask them something other than a health question. Public Health will follow-up with clients if required due to a possible exposure.

- Upon arrival all employees and clients should be asked if they are feeling well. If they are not, they must return home and complete the online 811 assessment available at: <https://811.novascotia.ca>
- Anyone entering the salon should immediately wash their hands with soap and water or use hand sanitizer. Hand sanitizer must be available throughout the salon.
- Check in with staff and students at least once or twice a day to see how they are coping and if they have any needs.
- Ensure all staff and students are following salon protocol.
- Assign individual tasks to each staff member to ensure infection control processes are carried out.
- Ensure employees are monitoring their health for signs of a sore throat, fever, cough, etc.
- If a team member becomes ill or exhibits signs of COVID-19, call 811 for further assistance.

Booking Clients

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High risk services are again not permitted (i.e.: any service where a non-medical face mask cannot be worn such as facials, facial hair removal by waxing (lip, chin, etc.), make-up, beard/mustache services, microdermabrasion, extractions, microneedling, dermaplaning, chemical peels, enzymes, and manual scrubs).

Other services can be performed (such as lash extensions and lash and brow services) so long as a non-medical face mask is not removed from the face and the service provider is fitted with a bottom sealing face shield or other face shield together with a non-medical face mask for added protection to help prevent any body fluids (from the nose or mouth) from dropping onto a client's face. Face shields must be cleaned with soap and water and disinfected (following SDS/MSDS guidelines for disinfecting) in between every client.

- A client registry (name, phone number, date and time of visit) must be kept to assist with facilitating any necessary contact tracing by Public Health in the case of an exposure. A record of a client's appointment in the salon's booking system and employee work schedule is sufficient.
- It is a recommendation to not double-book or over book yourself or your team to avoid overcrowding and team members becoming exhausted. If team members are exhausted, mistakes will be made.
- Book ample time for a client's service and allow the full required time for that service to be completed and cleaning to be done.
- Avoid cash transactions if possible and advise clients when booking of this rule.
- Have clients wear a clean new non-medical face mask upon arrival at the salon. There may be a minimal cost. There are many different types of masks. Please see this link for the appropriate use of non-medical mask or face covering.

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

- Face shields alone are not appropriate substitutes for a non-medical face mask, as they do not provide sufficient covering of the nose and mouth.
- Plastic masks are not approved for use by cosmetologists or clients.
- Avoid kisses on the cheek, handshakes, and hugs.

Salon/Spa/School Workplace

Ensure you and your team are updated and informed of sanitation, disinfection, and sterilization protocol requirements and rules and salon policies.

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High risk services are again not permitted (i.e.: any service where a non-medical face mask cannot be worn such as facials, facial hair removal by waxing (lip, chin, etc.), make-up, beard/mustache services, microdermabrasion, extractions, microneedling, dermaplaning, chemical peels, enzymes, and manual scrubs).

Other services can be performed (such as lash extensions and lash and brow services) so long as a non-medical face mask is not removed from the face and the service provider is fitted with a bottom sealing face shield or other face shield together with a non-medical face mask for added protection to help prevent any body fluids (from the nose or mouth) from dropping onto a client's face. Face shields must be cleaned with soap and water and disinfected (following SDS/MSDS guidelines for disinfecting) in between every client.

A copy of the Cosmetology Association of Nova Scotia's salon and spa guidelines can be found on our website at:

https://www.nscosmetology.ca/images/Salon_Compliance_Handbook.pdf

- Ensure you have a business continuity or emergency plan in place.
- Have in place operations and maintenance procedures for cleaning and disinfecting the salon and all tools and regularly monitor all protocols.
- Display your valid salon permit in a place visible to the public.
- Ensure your salon insurance is up to date.
- Look at tasks and jobs to determine who is at the greatest risk of exposure in your salon and when an exposure would most likely happen.
- Provide all necessary cleaning, disinfecting and preventative supplies.
- Follow all SDS/MSDS directions for all chemical usage, including disinfectants.

Post signs on the front door and throughout the salon regarding symptoms of COVID- 19 for clients to read prior to entering and while in the salon.

- Have self-dispensing hand sanitizers available for use throughout the salon for employees and clients. Always encourage hand washing over sanitizer, as it is more effective in preventing the spread of viruses.
- Keep washrooms and sink areas well stocked with self-dispensing anti-bacterial soap for handwashing.
- All cosmetologists **must** wash hands prior to and after each service.
- Continue good hygiene – all employees must adhere to the National/NS Department of Health's recommendations for good hygiene and appropriate behavior.

<https://novascotia.ca/coronavirus/staying-healthy/#hands-clean>

- Avoid kisses on the cheek, handshakes, and hugs.
- Keep all surfaces washed and disinfected (a minimum of twice a day, or as required for surfaces such as doorknobs, handles, light switches, desks, tabletops, keyboards, and railings, etc.)

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

- Wipe down debit terminals with a disinfectant after every client transaction. Use tap when possible.
- Avoid cash transactions if possible and advise clients when booking of this rule.
- Have non-medical masks available at all times for client and staff use. Staff training should be implemented, and posters displayed on the wall explaining correct mask use.

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

- Face shields alone are not appropriate substitutes for a non-medical mask, as they do not provide sufficient covering of the nose and mouth.
- Plastic masks are not approved for use by cosmetologists or clients.
- The use of covered waste containers (garbage cans) throughout the salon must be used for disposal of waste, including disposable gloves, paper towel, tissues, disposable masks, etc.
- Make sure ventilation systems are working properly; change filters in ventilation systems more frequently to allow for circulation of fresh air.
- Ensure proper cleaning and disinfection of sink areas before and after each use.
- If sharing your workstation/area, ensure proper cleaning and disinfection of individual workstation/area when an employee and client leaves the work area and another employee and client takes over the workstation/area.
- Expired supplies are not permitted and should not be used.
- Clients must wear a non-medical face mask at all times while visiting a salon or spa.
- All clients should be screened for COVID-19 (each time they visit a salon or spa).
<https://novascotia.ca/coronavirus/when-to-seek-help/#symptoms>
- Any individual who cannot wear a face mask due to medical (or other significant) reasons, must discuss this with their service provider (or employer, as the case may be), who will make an informed decision on what is best for the client and the business, following all other recommended Guidelines and protocols issued by Public Health.

Frontend Reception/Guest Services

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- Avoid cash transactions if possible and advise clients when booking of this rule.
- Ensure your guest services team is prepared, up-to-date and educated on all policies, rules and sanitation disinfection processes required.
- Have your employees provide acknowledgement in writing that they have read and understand all salon and spa policies and rules.
- Provide hand sanitizer throughout the salon. Handwashing is best choice for prevention.
- Wear a non-medical mask even if there is a barrier between you and the client (i.e.: nail services.)
- Plastic masks are not approved for use by cosmetologists or clients.
- Face shields alone are not appropriate substitutes for a non-medical mask, as they do not provide sufficient covering of the nose and mouth.
- Ensure receptionist/guest services is following sanitation and cleaning protocols.
- Avoid if possible the sharing of any electronics; phones and electronics should be wiped down after each use using a disinfectant wipe or spray.
- Disinfect all countertops, barriers, keyboards etc., before using and when leaving a shift.
- Follow all MDS/SDS instructions for all chemicals used, including disinfectants.

If possible:

- Businesses should ensure thorough cleaning of common contact points and make a plan for cleaning and disinfecting (after a specific assessment) of contact points, with special focus on handles, handrails, light switches, table surfaces, treatment rooms, cash registers, terminals, computers and tablets, etc., that are frequently touched.

“Wash with soapy water first. Disinfect using household cleaning/disinfecting products, following the directions on the label, or a solution of 1-part bleach to 9 parts water. Disinfect phones, remote controls, computers, and other handheld devices with 70% alcohol or wipes”.

Tools

- Cosmetologists must use their own tools; there should be NO borrowing of tools or implements.
- All tools used during a service should be disinfected after each client use (hairdryers, scissors, clippers, trimmers, razors, irons, combs, needles, crochet hooks, tweezers, cuticle nippers, hairbrushes, and makeup brushes, etc.)
- Use of disposable tools whenever possible is recommended.
- Create a plan for disinfecting all common tools regularly.

Washrooms

- Always keep washrooms thoroughly cleaned and disinfected and monitor frequently throughout the day.
- Keep available disposable paper towel, liquid soap/hand sanitizer and have hot water available in all washrooms at all times.
- There should be NO shared towels for drying or washing hands in client or staff washrooms. Paper towel is best and should be discarded in a covered waste container.

Laundry

- All soiled capes, smocks, cloth neck strips, towels, blankets, etc., must be kept in a covered basket, in the washer or garbage bag until laundered.
- Laundry should be washed frequently (all capes, smocks, towels, sheets, etc.) with laundry detergent.

HAIRDRESSING

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High risk services are again not permitted (i.e.: any service where a non-medical face mask cannot be worn such as facials, facial hair removal by waxing (lip, chin, etc.), make-up, beard/mustache services, microdermabrasion, extractions, microneedling, dermaplaning, chemical peels, enzymes, and manual scrubs).

Other services can be performed (such as lash extensions and lash and brow services) so long as a non-medical face mask is not removed from the face and the service provider is fitted with a bottom sealing face shield or other face shield together with a non-medical face mask for added protection to help prevent any body fluids (from the nose or mouth) from dropping onto a client's face. Face shields must be cleaned with soap and water and disinfected (following SDS/MSDS guidelines for disinfecting) in between every client.

All salons and cosmetologists must adhere to salon policies and requirements as required and found in the Cosmetology Association of Nova Scotia's Salon and Spa Compliance Handbook.

https://www.nscosmetology.ca/images/Salon_Compliance_Handbook.pdf

Clients need to feel safe returning to your workstation.

- Display your valid cosmetology licence in a place visible to the public.
- A client registry (name, phone number, date and time of visit) and a staff registry (name, date, time of shift worked) must be kept to assist with facilitating any necessary contact tracing by Public Health.
- Schedule a minimum of 10 minutes between each client to allow ample time for completing cleaning, sanitation, disinfection, and sterilization processes according to SDS/MSDS instructions.
- Clients must wear a non-medical face mask at all times while visiting a salon or spa.
- All clients should be screened for COVID-19 (each time they visit a salon or spa).

<https://novascotia.ca/coronavirus/when-to-seek-help/#symptoms>

- Any individual who cannot wear a face mask due to medical (or other significant) reasons, must discuss this with their service provider (or employer, as the case may be), who will make an informed decision on what is best for the client and the business, following all other recommended Guidelines and protocols issued by Public Health.
- All service providers must wear a non-medical face mask.
- If you choose to use a fabric mask, ensure it is cotton fabric and has a liner. They must be washed and cleaned in hot water after every use or when they become soiled or wet.

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

- Face shields alone are not appropriate substitutes for a non-medical mask, as they do not provide sufficient covering of the nose and mouth.
- Plastic masks are not approved for use by cosmetologists or clients.
- Have clients wash their hands with soap and water upon arrival.
- Offer clients a non-medical mask if they are not wearing one.
- Sanitize or wash your hands prior to a client's arrival. If you are not shampooing, use a hand sanitizer in front of your client before beginning a service.
- Wear gloves during chemical services at all times.
- Change capes throughout the day and always use a clean neck strip or towel.
- Neck brushes must not be used around the face.
- Have covered waste receptacles close by for disposal of gloves, non-medical masks, tissues, etc., after each client.
- Expired supplies are not permitted and should not be used.
- Dispose of disposable blades in a sharps' container.
- Thoroughly clean and disinfect all tools (that have been used or in contact with a client) after each service has been completed, including needles and crochet hooks.
- Thoroughly clean chair and workstation between each client.
- Ensure the use of proper tool disinfectants following all SDS/MSDS Guidelines.

ESTHETICS

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High risk services are again not permitted (i.e.: any service where a non-medical face mask cannot be worn such as facials, facial hair removal by waxing (lip, chin, etc.), make-up, beard/mustache services, microdermabrasion, extractions, microneedling, dermaplaning, chemical peels, enzymes, and manual scrubs).

Other services can be performed (such as lash extensions and lash and brow services) so long as a non-medical face mask is not removed from the face and the service provider is fitted with a bottom sealing face shield or other face shield together with a non-medical face mask for added protection to help prevent any body fluids (from the nose or mouth) from dropping onto a client's face. Face shields must be cleaned with soap and water and disinfected (following SDS/MSDS guidelines for disinfecting) in between every client.

All salons and cosmetologists must adhere to salon policies and requirements as required and found in the Cosmetology Association of Nova Scotia's Salon and Spa Compliance Handbook.

https://www.nscosmetology.ca/images/Salon_Compliance_Handbook.pdf

Clients need to feel safe returning to your workspace.

- Display your valid cosmetology licence.
- Clients must wear a non-medical face mask at all times while visiting a salon or spa.
- All clients should be screened for COVID-19 (each time they visit a salon or spa).

<https://novascotia.ca/coronavirus/when-to-seek-help/#symptoms>

- Any individual who cannot wear a face mask due to medical (or other significant) reasons, must discuss this with their service provider (or employer, as the case may be), who will make an informed decision on what is best for the client and the business, following all other recommended Guidelines and protocols issued by Public Health.

- A client registry (name, phone number, date and time of visit) and a staff registry (name, date, time of shift worked) must be kept to assist with facilitating any necessary contact tracing by Public Health. A record of a client's appointment in the salon's booking system and employee work schedule is sufficient.
- Allow a minimum of 10 minutes between each client to allow for completion of cleaning, sanitation, disinfection, and sterilization processes according to SDS/MSDS instructions.
- Have clients wash their hands or apply sanitizer upon arrival.
- Wear a non-medical face mask.
- Plastic masks are not approved for use by cosmetologists or clients.
- If you choose to use a fabric mask, ensure it is cotton fabric and has a liner. They must be washed and cleaned in hot water after every use or when they become soiled or wet.

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

- Offer clients a non-medical face mask if they require one.
- Face shields alone are not appropriate substitutes for a non-medical mask, as they do not provide sufficient covering of the nose and mouth.
- Sanitize or wash your hands prior to and after each service. Use a hand sanitizer in front of your client before beginning the service.
- Change all linens, towels, pillowcases, bed paper, etc., after each client.
- Thoroughly clean and disinfect all tools (that have been in contact with a customer) after each service has been completed.
- Use disposable tools whenever possible (nail files, buffers, toe separators, etc.)
- Do not reuse disposable implements (nail files, toe separators, slippers, etc.)
- Dispose of disposable blades in a sharps' container.
- Have a covered waste receptacle close by for disposal of gloves, disposable masks, tissues, disposable tools, etc.
- Do not double dip in wax.
- Expired supplies are not permitted and should not be used.
- Clean/disinfect chairs, beds, tables, countertops, etc., between each client.
- Ensure the use of proper tool disinfectants following all SDS/MSDS Guidelines.

NAIL TECHNOLOGY

Update:

Effective as of December 17, 2021, social distancing is again a requirement in all salons and spas in Nova Scotia. Masks do not replace social distancing requirements.

There is no limit to the number of clients allowed in a personal service establishment at this time. However, salons and spas must operate only at the maximum capacity possible with physical distancing.

All salons and cosmetologists must adhere to salon policies and requirements as required and found in the Cosmetology Association of Nova Scotia's Salon and Spa Compliance Handbook. https://www.nscosmetology.ca/images/Salon_Compliance_Handbook.pdf

Clients need to feel safe returning to your workspace.

- Display your valid cosmetology licence in a place that is visible to the public.
- A client registry (name, phone number, date and time of visit) and a staff registry (name, date, time of shift worked) must be kept to assist with facilitating any necessary contact tracing by Public Health. A record of a client's appointment in the salon's booking system and employee work schedule is sufficient.
- Allow a minimum of 10 minutes between each client to account for completion of cleaning, sanitation, disinfection, and sterilization processes.
- Have clients wash their hands or apply sanitizer upon arrival.
- Wear a non-medical face mask.
- Plastic masks are not approved for use by cosmetologists or clients.
- Face shields alone are not appropriate substitutes for a non-medical mask, as they do not provide sufficient covering of the nose and mouth.
- Masks **do not replace** social distancing requirements.
- If you choose to use a fabric mask, ensure it is cotton fabric and has a liner. They must be washed and cleaned in hot water after every use or when they become soiled or wet.

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

- Wash your hands prior to client's arrival. Use hand sanitizer in front of your client before beginning a service.
- Have a covered waste receptacle close by for disposal of gloves, masks, tissues, disposable tools, etc.

- Thoroughly clean and disinfect all tools (that have been in contact with a customer) after each service has been completed.
- Use disposable tools whenever possible (nail files, buffers, toe separators, etc.)
- Do not reuse disposable implements (nail files, toe separators, slippers, etc.)
- Clean and disinfect chairs, nail lights, tables, countertops, etc., between each client.
- Expired supplies are not permitted and should not be used.

EYELASH EXTENSIONS

Update:

Effective as of December 17, 2021, social distancing is again a requirement in all salons and spas in Nova Scotia. Masks do not replace social distancing requirements.

There is no limit to the number of clients allowed in a personal service establishment at this time. However, salons and spas must operate only at the maximum capacity possible with physical distancing.

High risk services are again not permitted (i.e.: any service where a non-medical face mask cannot be worn such as facials, facial hair removal by waxing (lip, chin, etc.), make-up, beard/mustache services, microdermabrasion, extractions, microneedling, dermaplaning, chemical peels, enzymes, and manual scrubs).

Other services can be performed (such as lash extensions and lash and brow services) so long as a non-medical face mask is not removed from the face and the service provider is fitted with a bottom sealing face shield or other face shield together with a non-medical face mask for added protection to help prevent any body fluids (from the nose or mouth) from dropping onto a client's face. Face shields must be cleaned with soap and water and disinfected (following SDS/MSDS guidelines for disinfecting) in between every client.

All salons and cosmetologists must adhere to salon policies and requirements as required and found in the Cosmetology Association of Nova Scotia's Salon and Spa Compliance Handbook.

https://www.nscosmetology.ca/images/Salon_Compliance_Handbook.pdf

Clients need to feel safe returning to your workspace.

- Display your valid cosmetology licence in a place that is visible to the public.
- Allow a minimum of 15 minutes between each client to account for completion of cleaning, sanitation, disinfection, and sterilization processes.
- A client registry (name, phone number, date and time of visit) and a staff registry (name, date, time of shift worked) must be kept to assist with facilitating any necessary contact tracing by Public Health. A record of a client's appointment in the salon's booking system and employee work schedule is sufficient.
- Clients must wear a non-medical face mask at all times while visiting a salon or spa.
- All clients should be screened for COVID-19 (each time they visit a salon or spa).

<https://novascotia.ca/coronavirus/when-to-seek-help/#symptoms>

- Any individual who cannot wear a face mask due to medical (or other significant) reasons, must discuss this with their service provider (or employer, as the case may be), who will make an informed decision on what is best for the client and the business, following all other recommended Guidelines and protocols issued by Public Health.
- Have clients wash their hands or apply sanitizer upon arrival.
- Wear a non-medical face mask **at all times**.
- Plastic masks are not approved for use by cosmetologists or clients.
- Face shields alone are not appropriate substitutes for a non-medical mask, as they do not provide sufficient covering of the nose and mouth.
- If you choose to use a fabric mask, ensure it is cotton fabric and has a liner. They must be washed and cleaned in hot water after every use or when they become soiled or wet.

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

- Have your client wear a non-medical mask.
- Wash your hands prior to client's arrival.
- Use a hand sanitizer in front of your client before beginning the service and again during the service.
- Change linens/bed paper after each client and place in covered laundry basket.
- Have a covered waste receptacle close by for disposal of gloves, masks, tissues, etc.
- Thoroughly clean and disinfect all tools (that have been in contact with a customer) after each service has been completed.
- Expired supplies are not permitted and should not be used.
- Do not reuse lashes that are left in the container they are supplied in.
- For lash strips, cut strips to the desired length for the amount required for the service. Keep the remainder of the strip in a covered case to avoid exposing the unused to contaminants.
- Clean/disinfect chairs, beds, tables, countertops, etc., between each client.

MAKE-UP ARTISTRY

Update:

Effective as of December 17, 2021, social distancing is again a requirement in all salons and spas in Nova Scotia. Masks do not replace social distancing requirements.

There is no limit to the number of clients allowed in a personal service establishment at this time. However, salons and spas must operate only at the maximum capacity possible with physical distancing.

High risk services are again not permitted (i.e.: any service where a non-medical face mask cannot be worn such as facials, facial hair removal by waxing (lip, chin, etc.), make-up, beard/mustache services, microdermabrasion, extractions, microneedling, dermaplaning, chemical peels, enzymes, and manual scrubs).

Other services can be performed (such as lash extensions and lash and brow services) so long as a non-medical face mask is not removed from the face and the service provider is fitted with a bottom sealing face shield or other face shield together with a non-medical face mask for added protection to help prevent any body fluids (from the nose or mouth) from dropping onto a client's face. Face shields must be cleaned with soap and water and disinfected (following SDS/MSDS guidelines for disinfecting) in between every client.

All salons and cosmetologists must adhere to salon policies and requirements as required and found in the Cosmetology Association of Nova Scotia's Salon and Spa Compliance Handbook.

https://www.nscosmetology.ca/images/Salon_Compliance_Handbook.pdf

Clients need to feel safe returning to your workspace.

- Display your valid cosmetology licence in a place that is visible to the public.
- Allow a minimum of 10 minutes between each client to account for completion of cleaning, sanitation, disinfection, and sterilization processes.
- Have clients wash their hands immediately upon arrival.
- A client registry (name, phone number, date and time of visit) and a staff registry (name, date, time of shift worked) must be kept to assist with facilitating any necessary contact tracing by Public Health. A record of a client's appointment in the salon's booking system and employee work schedule is sufficient.
- Clients must wear a non-medical face mask at all times while visiting a salon or spa.
- All clients should be screened for COVID-19 (each time they visit a salon or spa).

<https://novascotia.ca/coronavirus/when-to-seek-help/#symptoms>

- Any individual who cannot wear a face mask due to medical (or other significant) reasons, must discuss this with their service provider (or employer, as the case may be), who will make an informed decision on what is best for the client and the business, following all other recommended Guidelines and protocols issued by Public Health.
- Wear a non-medical face mask.
- Plastic masks are not approved for use by cosmetologists or clients.
- Face shields alone are not appropriate substitutes for a non-medical mask, as they do not provide sufficient covering of the nose and mouth.
- If you choose to use a fabric mask, ensure it is cotton fabric and has a liner. They must be washed and cleaned in hot water after every use or when they become soiled or wet.

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

- Wash your hands prior to client's arrival.
- Use a hand sanitizer in front of your client before beginning a service and again during a service.
- Have a covered waste receptacle close by for disposal of gloves, masks, tissues, etc.
- Thoroughly clean and disinfect all tools (that have been in contact with a customer) after each service has been completed.
- Change linens/bed paper after each client and place in covered laundry basket.
- Use disposable tools whenever possible.
- Clean/disinfect chairs, beds, tables, countertops, etc., between each client.
- Expired supplies are not permitted and should not be used.
- Scrape products onto disposable or reusable pallet to limit cross contamination.

BODY HAIR REMOVAL

Update:

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High risk services are again not permitted (i.e.: any service where a non-medical face mask cannot be worn such as facials, facial hair removal by waxing (lip, chin, etc.), make-up, beard/mustache services, microdermabrasion, extractions, microneedling, dermaplaning, chemical peels, enzymes, and manual scrubs).

Other services can be performed (such as lash extensions and lash and brow services) so long as a non-medical face mask is not removed from the face and the service provider is fitted with a bottom sealing face shield or other face shield together with a non-medical face mask for added protection to help prevent any body fluids (from the nose or mouth) from dropping onto a client's face. Face shields must be cleaned with soap and water and disinfected (following SDS/MSDS guidelines for disinfecting) in between every client.

All salons and cosmetologists must adhere to salon policies and requirements as required and found in the Cosmetology Association of Nova Scotia's Salon and Spa Compliance Handbook.

https://www.nscosmetology.ca/images/Salon_Compliance_Handbook.pdf

Clients need to feel safe returning to your workspace.

- Display your valid cosmetology licence.
- All clients should be screened for COVID-19 (each time they visit a salon or spa).

<https://novascotia.ca/coronavirus/when-to-seek-help/#symptoms>

- Clients must wear a non-medical face mask at all times while visiting a salon or spa.
- Any individual who cannot wear a face mask due to medical (or other significant) reasons, must discuss this with their service provider (or employer, as the case may be), who will make an informed decision on what is best for the client and the business, following all other recommended Guidelines and protocols issued by Public Health.

- A client registry (name, phone number, date and time of visit) and a staff registry (name, date, time of shift worked) must be kept to assist with facilitating any necessary contact tracing by Public Health. A record of a client's appointment in the salon's booking system and employee work schedule is sufficient.
- Allow a minimum of 10 minutes between each client to account for completion of cleaning, sanitation, disinfection, and sterilization processes.
- Have clients wash their hands or apply sanitizer upon arrival.
- Offer clients a non-medical mask.
- Wear a non-medical face mask.
- Plastic masks are not approved for use by cosmetologists or clients.
- Face shields alone are not appropriate substitutes for a non-medical mask as they do not provide sufficient covering of the nose and mouth.
- If you choose to use a fabric mask, ensure it is cotton fabric and has a liner. They must be washed and cleaned in hot water after every use or when they become soiled or wet.

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

- Wash your hands prior to client's arrival.
- Use a hand sanitizer in front of your client before beginning a service.
- Have a covered waste receptacle close by for disposal of gloves, disposable masks, tissues, wax strips, etc.
- Thoroughly clean and disinfect all tools (that have been in contact with a customer) after each service has been completed.
- Do not reuse disposable supplies (i.e.: wax strips, tongue depressor, orangewood sticks, etc.)
- Change linens/bed paper after each client and place in covered laundry basket.
- Expired supplies are not permitted and should not be used.
- Clean and disinfect chairs, beds, tables, countertops, etc., between each client.

MOBILE COSMETOLOGISTS

Update:

Effective as of December 17, 2021, social distancing is again a requirement in all salons and spas in Nova Scotia. Masks do not replace social distancing requirements.

There is no limit to the number of clients allowed in a personal service establishment at this time. However, salons and spas must operate only at the maximum capacity possible with physical distancing.

High risk services are again not permitted (i.e.: any service where a non-medical face mask cannot be worn such as facials, facial hair removal by waxing (lip, chin, etc.), make-up, beard/mustache services, microdermabrasion, extractions, microneedling, dermaplaning, chemical peels, enzymes, and manual scrubs).

Other services can be performed (such as lash extensions and lash and brow services) so long as a non-medical face mask is not removed from the face and the service provider is fitted with a bottom sealing face shield or other face shield together with a non-medical face mask for added protection to help prevent any body fluids (from the nose or mouth) from dropping onto a client's face. Face shields must be cleaned with soap and water and disinfected (following SDS/MSDS guidelines for disinfecting) in between every client.

All mobile cosmetologists must follow the gathering limit directives as imposed by Nova Scotia's *Health Protection Act* Order, which can be found here:

https://novascotia.ca/coronavirus/restrictions-and-guidance/?fbclid=IwAR2wQyQv_axgn8uZzuzV_eq6MQjtex3AIWEvMiumk4ieHeuNiiAQ52LnpqA#gatherings

All salons and mobile cosmetologists must adhere to further Guidelines found above under their specific skill, and those found in the Cosmetology Association of Nova Scotia's Salon and Spa Compliance Handbook, located on our website at:

https://www.nscosmetology.ca/images/Salon_Compliance_Handbook.pdf

- Ensure your mobile insurance coverage is up to date.
- A client registry (name, phone number, date and time of visit) and a staff registry (name, date, time of shift worked) must be kept to assist with facilitating any necessary contact tracing by Public Health. A record of a client's appointment is sufficient.
- Clients must wear a non-medical face mask at all times while visiting a salon or spa.
- All clients should be screened for COVID-19 (each time they visit a salon or spa).

<https://novascotia.ca/coronavirus/when-to-seek-help/#symptoms>

- Any individual who cannot wear a face mask due to medical (or other significant) reasons, must discuss this with their service provider, who will make an informed decision on what is best for the client and the business, following all other recommended Guidelines and protocols issued by Public Health.
- Avoid kisses on the cheek, handshakes, and hugs.
- Check in with clients prior to arrival.
- Wear a non-medical face mask.
- Plastic masks are not approved for use by cosmetologists or clients.
- Face shields alone are not appropriate substitutes for a non-medical mask, as they do not provide sufficient covering of the nose and mouth.
- If you choose to use a fabric mask, ensure it is cotton fabric and has a liner. They must be washed and cleaned in hot water after every use or when they become soiled or wet.

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

- Use a proper carrying case for your tools and supplies. One with wheels is best, to ergonomically carry the weight.
- Linens/bed paper should be placed in a garbage bag and washed at home in hot water if available.

Ensure you carry:

- Your valid licence and mobile permit with you at all times. Let your client know you are trained and educated in infection control and the skills to provide their service.
- A mobile Interac terminal or app (refrain from offering cash transactions). Debit terminals should be cleaned after every use.
- Hand sanitizer.
- Baggies: Mask and gloves should be separated in baggies. Ask your client if they would like a non-medical mask when you arrive (they may have their own).
- Ample cleaned and disinfected tools and/or an approved disinfectant.
- Clean or new capes, neck strip and/or towels/linens for each client. Always use a clean neck strip or towel when cutting hair.
- Garbage bags for disposal of used implements and for carrying soiled laundry.

Make sure to:

- Clean and disinfect all tools and stainless-steel foot basins before and after each use.
- Clean and disinfect your mobile kit before and after each visit.
- Use disposable implements where possible.
- Dispose of all garbage, masks, gloves, and disposable implements in a garbage bag/baggie.
- Place all dirty linens/capes etc. in a garbage bag after each service, prior to laundering.
- Show your client your clean and sterilized tools prior to the service so they know you are doing your best to make sure they are safe with you.